

**LOS ANGELES SOUTHWEST COLLEGE**  
**CALIFORNIA STATE UNIVERSITY GENERAL EDUCATION CERTIFICATION**

Student's Name: \_\_\_\_\_

**AREA E-LIFELONG UNDERSTANDING AND SELF-DEVELOPMENT**

3 semester units, not all in physical activity

Counseling 20; Environmental Science 2; Family and Consumer Studies 21; Health 2, 8, 11, 21, 101; Kinesiology 201*, 217*, 251*, 303*, 327, 334*, 336-1*, 345*, 419-1*; Kinesiology Athletics 552*, Kinesiology Major 134**; Psychology 3, 41; Sociology 12			
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**NOTE:** \* = 1 unit; \*\* = 2 units

**CSU U.S. HISTORY, CONSTITUTION AND AMERICAN IDEALS Graduation Requirement**

2 courses (6 semester units)

**NOTE:** The CSU system accepts the following courses in fulfillment of its United States History, Constitution and American Ideals requirement.

**Choose one course from Group 1 and one course from Group 2.**

**Group 1: Historical Development of American Institutions and Ideals**