



**AREA E: LIFELONG LEARNING AND SELF-DEVELOPMENT – minimum 3 semester (or 4 quarter) units.**

Underlined and italicized courses are less than 3 units; a course or courses totaling 3 units are required to clear this area. **Also, this area cannot be cleared using only *ATHL, DANCE, KIN or SPFT activity courses.*** For certification, DD-214 documentation will completely clear this area.

**ASAME 32#**

**ATHL** 1, 2, 11, 12, 17, 18, 41, 42, 43, 44, 45, 51, 53, 54, 59, 60, 66, 67, 71, 72, 73

**BIOL** 27\*, 28

**COUN** 24, 30, 57

**DANCE** 60-63, 64-67, 68-71, 72-73, 76-79, 80-83, 92

**ETHST 30#**

**HLTED** 1, 5, 6

**KIN** 1A-D, 2, 3, 4, 5, 14B-C, 19A-D, 47A-C, 51A-C, 58A-D, 70A-D, 74A-D, 76A-D, 77A, 80A-D, 89A-B, 90A-B, 95, 96, 103A-C, 107A-B, 110A-D, 111A-D, 120A, B

**PSYCH 6,12\*, 21#**

**SPFT** 7A-D, 9, 33, 34, 35, 36, 37A-D, 54A-D, 59A-D, 67A-D, 86A-D

+ Student receives credit for one course and course will be certified for one area only.

# Course will be certified for one area only.

Course from other College: \_\_\_\_\_

| R | IP | C | U | G |
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| E | E  | E | E | E |