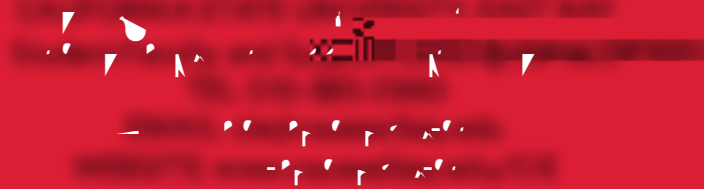


# International Student Handbook

for F-1 and J-1 students



**CENTER FOR INTERNATIONAL EDUCATION**



For all Immigration inquiries you may have, please:

**For all Immigration inquiries you may have, please:**

- [Visit the International Programs website](#)
- [Contact the International Programs Office](#)
- [Visit the International Programs Office](#)

**Common Acronyms and Abbreviations**

CIE	
AACE	
AC	
ASI	
BART	
CSUEB	
DHS	
DMV	
I-94	
DS-2019	
I-20	
F-1	
J-1	
PIN	
SA	
SCAA	
SF	
SEVIS	
SFO	
SSN	
UU	
USCIS	
VBT	

**Helpful Websites**

CSUEB Website	
Important dates	
Class Schedule	
MyCompass student portal	
MyCSUEB	
CIE	
Health Insurance	

New Student Checklist \_\_\_\_\_

Applying for a Visa \_\_\_\_\_

Immigration Information \_\_\_\_\_

Maintaining F-1 Student Status \_\_\_\_\_

Maintaining J-1 Student Status \_\_\_\_\_

Health Issues and Insurance \_\_\_\_\_

Academics \_\_\_\_\_

On-Campus Services for CSUEB Students \_\_\_\_\_

Applying for a Visa \_\_\_\_\_

tatus

f

## CALIFORNIA STATE UNIVERSITY, EAST BAY

### Location

Hayward, California



Population:

Surrounding Cities:

Time Zone:

### University Facts

Founded:

Academics:







## Course Registration

### Holds

- Health Insurance Hold
- Financial Hold - Enrollment Period
- Immunization Requirements
- Other Holds

## Full Time Requirement

## Online Class Restrictions



Academic Structure

Academic Structure

Classroom Procedures

Classroom Procedures

Diverse Teaching Styles

Diverse Teaching Styles

Attendance

Attendance

Class Participation

Class Participation

The Bay Card

Printing & Copying, Dining, Vending, Pioneer Bookstore Purchases.

Bay Card mobile app TouchNet OneCard

Canvas

Horizon Email



## Activities at CSUEB



---

---

---

---

---

---

## Language And Culture

English is the most common language spoken in the United States. However, there are many other languages spoken in the United States. Spanish is the second most common language spoken in the United States. Other languages spoken in the United States include Chinese, Vietnamese, Korean, and Japanese. The United States is a multicultural country with people from many different backgrounds and cultures. This diversity is one of the strengths of the United States.

## Major American Values

### Individuality

Individuality is a major American value. Americans value their freedom of expression and their ability to make their own choices. They also value their individuality and their ability to stand out from the crowd.

### Independence

Independence is another major American value. Americans value their freedom and their ability to make their own decisions. They also value their independence and their ability to stand on their own feet.

### Equality

Equality is a major American value. Americans value their freedom and their ability to make their own choices. They also value their equality and their ability to stand on an equal footing with others.

### Time

Time is a major American value. Americans value their time and their ability to make their own choices. They also value their efficiency and their ability to get things done quickly.

### Informality

Informality is a major American value. Americans value their freedom and their ability to make their own choices. They also value their informality and their ability to stand out from the crowd.

### Achievement and Hard Work

Achievement and hard work are major American values. Americans value their freedom and their ability to make their own choices. They also value their achievement and their ability to stand out from the crowd.

### Direct and Assertive

Direct and assertive communication are major American values. Americans value their freedom and their ability to make their own choices. They also value their direct and assertive communication and their ability to stand out from the crowd.

### Looking to the Future and to Change

Looking to the future and to change are major American values. Americans value their freedom and their ability to make their own choices. They also value their looking to the future and to change and their ability to stand out from the crowd.

## Holidays

The United States has many holidays, including Independence Day, Thanksgiving, Christmas, and New Year's Day. These holidays are celebrated in different ways in different parts of the country. For example, Independence Day is celebrated with fireworks and parades, while Thanksgiving is celebrated with a large meal and family gatherings.

Labor Day	



## Local Transportation

### • Parking and Alternative Transportation Office

#  
Hill Hopper Shuttle

### BART

### AC Transit Buses

### Directions to the DMV from CSUEB

#### By Bus:

# # #

#### By Car:

.....

### If you have an accident:

.....

## Legal Tips

### If you are arrested:

.....

We strongly suggest you speak to an international student advisor if you have been arrested.

### IMPORTANT NOTICE: Visa Revocation following an Arrest

.....

### Marijuana is illegal under federal immigration law

.....

---

---



# Dependents

## Childcare and Babysitting

### Bananas Child Care Information and Referral Service

www.bananaschildcare.com

### Care.com

www.care.com

## Schools

www.schools.com

## Disaster Preparedness

Disaster Preparedness is the process of planning and organizing to reduce the impact of a disaster. It involves identifying potential hazards, assessing risks, and developing strategies to minimize damage and protect lives and property. Key components include:

- Identifying potential hazards and risks.
- Assessing the vulnerability of people, property, and infrastructure.
- Developing disaster preparedness plans.
- Conducting drills and exercises.
- Establishing communication and coordination mechanisms.
- Ensuring the availability of resources and supplies.

### Emergency Telephone Numbers:

**CENTER FOR INTERNATIONAL EDUCATION**

