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(suggested length of 1-2 pages)

A.

List all your PLO in this box. Indicate for each PLO its alignment with one or more institutional learning outcomes (ILO). For example " #PLO 1. \$pply ad%anced computer science theory to computation problems (ILO 2 & ').(

1. Identify key concepts, principles, and applications of psychology's content domains.
2. Apply scientific reasoning to interpret psychological phenomena and to design and conduct basic psychological research (ILO 1 !ritical "hinking#.
- \$. %&aluate the ethics of psychological science and practice.
- '. (emonstrate effecti&e communication skills (ILO 2 ) ritten !ommunication#.
- \*. (escribe career options +ithin psychology.

List the PLO(s) assessed. Provide a brief background on your program's history of assessing the PLO(s) (e.g.+ annually+ first time+ part of other assessments+ etc.)

(uring the 2-1./2-10 school year, +e assessed 1LO ' using the !23%, ILO ) ritten !ommunication 4ubric +ith our ad&anced research classes (125 ! '617'6\$#. (uring the 2-10/2-18 school year, +e created a 1\*/9uestion online multiple/choice test to e&aluate 1LOs 1 and 2 in beginner and ad&anced students. (uring the 2-18/2-16 school year, +e further de&eloped the online multiple/choice test to assess a broader range of content areas under 1LO 1 and added 9questions to assess 1LO \$ (28 9questions#. "his year (2-16/2-2-#, +e used an empirical article analysis assignment to e&aluate 1LO 2. )e also submitted our student assignments to assist the uni&ersity's assessment of ILO 1.

!.,ummari-e your assessment process briefly using the follo ing sub-headings.

(include if ne or old instrument+ ho de%eloped+ description of content)

2students read a short empirical article and answered eight questions that assessed their critical thinking ability. First, we evaluated students' understanding of the article content by asking questions about the theory underlying the research project, the operationalization of variables in the study, the researchers' hypotheses and rationale, and the results. Next, we evaluated whether students could recognize pros and cons to the researchers' approach and identify possible alternative explanations for the results. Lastly, we asked students to design a follow-up study that operationalized the key variable in a different way. See Appendix A for complete assignment.

The assessment committee ( Drs. Orne, Layous, and Little) evaluated student responses (each student evaluated by two raters). For each student, evaluators provided ratings on the Institutional Learning Outcome Critical Thinking rubric (approved by Academic Senate March 2-1) and also provided ratings on more specific questions of interest to the psychology department (e.g., How well did the student design their own study overall). See Appendix , for complete evaluation.

Our sample ( .

across students for items on the ILO critical thinking rubric. Table 2 includes the mean and standard deviation across students for the psychology department's more specific questions.

Table 1

Explanation of Issues	2.15	-.1*
Use of Evidence	2.6-	-.8\$
Content, assumptions	2.51	-.61
Alternative points	2.10	-.2
Statement of position	2.2'	-.1
Conclusions, implications, and consequences	2.21	-.2

Table 2

How well did the student explain sociometer theory?	1.1	1.15
How well did the student state the hypothesis?	1.6	1.1
How well did the student evaluate the design of the studies?	2.60	1.15
How well did the student design their own study overall?	2.1	1.18
How well did the student operationalize social inclusion?	2.**	1.25
How well did the student state the implications/importance of their newly designed study?	2.26	1.1

Summarize your assessment results briefly using the following sub-headings

On the ILO rubric (1-5 point scale, with higher scores indicating better responses), all averages except Use of Evidence were closer to 2 than 1, indicating that students provided some evidence of skill in the area (scores were not 1, but perhaps missed important points or did not

more specific questions, students scored near the midpoint (4/5 point scale, with higher scores indicating better responses). They scored highest when asked to state the authors' hypotheses, but the lowest when asked to design their own study and provide the reasons why this study would be important.

(changes in course content, course

sequence, student advising)

Although we had some promising evidence that students can extract research hypotheses and results from a professional empirical article in their field, we also found evidence that students struggled to go beyond the basic facts of the presented study. Specifically, they were not able to provide strong alternative points to the findings or implications of the research. Furthermore, they struggled to design a new study and provide rationale for why their new study would be important. Thus, students may understand research that has been conducted, but not necessarily have the skills to question it or improve upon it. Additionally, another surprising finding was that most students did not understand what an operational definition is, and this likely affected responses to several questions. Our suggestions for program improvement would be to encourage instructors teaching courses in the psychology department to provide more opportunities for students to work on these skills, even in courses

In the future, it would be nice to compare our advanced students (125 ! '617'6\$# to our newer students (e.g., in 125 ! 2--# to see whether advanced students scored better on this assignment than newer students like we have done on the online subject matter assessment (2-10/2-18 and 2-18/2-16#. That growth would indicate success in our research classes that we cannot presently infer based on mean scores from advanced students alone. The results of this assessment are positive in that students seemed to understand the presented research, but also leave room for improvement in students' critical evaluation of the research and potential contribution to new knowledge.

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, summarize your assessment plans for the next year, including the PLO(s) you plan to assess, any revisions to the program assessment plan presented in your last five-year plan self-study, and any other relevant information.

( During spring semester of 2-21, we plan to evaluate 1LO \$ (understanding of ethics# with four



and how many likes their profile pictures tend to receive on average. Researchers used the average number of likes as a predictor of self-esteem.

Study 2 ± Researchers manipulated number of likes received. They stated that they were piloting a new social media site and they needed to take a selfie to add to their personal profile. After taking the selfie, the experimenter claimed to upload the picture to the site and leave it displayed for five minutes. After the five minutes had passed, participants were told that, compared to other pilot testing, their selfie had received either average, below average, or above average likes.

5. Please summarize the results from Study 1 and Study 2. Also note whether these results support or disconfirm the hypothesis.

In both studies, authors found support for their prediction that a sense of purpose moderated the relationship between social media likes and self-esteem. In both studies, the number of likes received was only related to self-esteem among those with a lower sense of purpose. In other words, if one had lower sense of purpose, their self-esteem was contingent on social media likes. As students may notice that number of social media likes was not related to self-esteem (see the regression model). The authors glazed over that point. However, in Study 2, researchers did find a main effect of social media likes, as well as the hypothesized interaction.

6. Evaluate the design of Study 1 and Study 2, listing both pros and cons about each study.

Study 1 ± Self-reporting number of likes on profile pictures is not ideal due to potential for social desirability or memory biases to affect accurate reporting. Also, Study 1 is a correlational design, so we cannot infer that likes affected self-esteem. For example, it is possible that people with higher self-esteem garner more likes due to other aspects of their personality (e.g., extraversion), rather than the number of likes affecting their self-esteem.

Study 2 is an experiment, so addresses some of the shortcomings of Study 1. Because people were randomly assigned to receive a certain number of likes, we can be more sure that number of likes is what accounts for their differences in self-esteem. Although the hypothesized relationship between likes and self-esteem was found, I wondered how believable the cover story was to participants. The findings in the real world might be even stronger as people would be able to experience the dynamic nature of the likes they are from, how much time passes before getting a like, etc. Thus, just being told the number of likes with no other information may have actually undermined/attenuated the true relationship between likes and self-esteem. In addition, in both studies, purpose was self-reported. It would have been nice if purpose could have also been manipulated (perhaps through a writing activity) so that we could have inferred causality. In both studies, self-reported purpose was very highly related to self-reported self-esteem, so it would have been nice to have purpose operationalized in a different way to reduce common method variance and to infer causality.

I could see students saying Study 1 was stronger because it was more externally valid, but I

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discuss the nonsignificant relationship between likes and self





because they are already guided by a sense of connection with and service to others. This hypothesis is further supported by previous studies that have found that individuals with strong civic and prosocial orientations tend to use Facebook for informational reasons rather than status enhancement or socialization ( [Park, Kee, & Valenzuela, 2009](#)), and emo-

## 2.1. Methods

### 2.1.1. Participants and procedure

Participants were 102 undergraduate students (74% female) aged 18 to 31 ( $M_{\text{age}} = 20.14$ ,  $SD = 1.84$ ) at a large northeastern university. Six respondents were omitted because they failed an attention check. Based on an anticipated small effect size (Cohen's  $f^2 = 0.1$ ), a power analysis determined a sample size of 114 would be required to reach adequate power of 0.80. Data collection did not depend on any analysis of results.

Participants began the study by completing a demographics form, a measure of purpose in life ( $\alpha = 0.84$ ; same as described in Study 1), and a personality inventory that was not included in present analysis because it was administered pre-manipulation and, as a covariate, was found not to account for the hypothesized effects in Study 1. After completing the survey, an experimenter explained to participants that the aim of the study was to pilot test a new social media site that resembled Facebook (in actuality no new site had been created). Participants were told that in order to test some of the features of the interactive features of site, they would need to create a new personal profile by taking a photograph of themselves to be uploaded by the experimenter. The

experimenter then provided participants with a digital camera and asked them to take a selfie. After taking the selfie, the experimenter ostensibly uploaded the photograph to the site by connecting the camera to a computer with a monitor that was not visible to participants. Participants were told their photograph was being displayed for 5 min and that other users would have the chance to view and like their picture. While they waited for their results, participants completed a word-and task designed as a distraction. After 5 min had passed, participants were given randomized feedback about their selfie. Specifically, they were told that compared to pilot testing, their selfie had received the average number of likes (27 likes;  $n = 32$ ), above the average number of likes (48 likes;  $n = 30$ ), or below the average number of likes (6 likes;  $n = 34$ ). Finally, participants completed a post-manipulation measure of self-esteem ( $\alpha = 0.91$ ; same as Study 1).

### 2.2. Results and discussion

Across participants, both purpose ( $M = 4.11$ ,  $SD = 0.63$ ) and self-esteem ( $M = 3.84$ ,  $SD = 0.72$ ) were above the midpoint on both scales, and were positively correlated,  $r = 0.58$ ,  $p < 0.001$ .

To establish that our manipulation operated in a manner consistent with sociometer theory, we first examined whether self-esteem was influenced by condition. An omnibus ANOVA revealed that participants in the high likes condition ( $M = 4.12$ ,  $SD = 0.55$ ) reported significantly higher self-esteem than those who received a low ( $M = 3.74$ ,  $SD = 0.79$ ) or average ( $M = 3.84$ ,  $SD = 0.72$ ) condition,  $F(2, 100) = 10.12$ ,  $p < 0.001$ ,  $\eta^2 = 0.17$ .



accomplish aims they believe are of significant social value. However, it is important to note that while purposeful individuals may be less reactive to the number of likes they receive on a selfie, such feedback on content intended to be more representative of their life pursuits (e.g., status updates about one's future goals, or shared video clips detailing



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