

## Return-to-Work Employee Information Sheet

California State University, East Bay values its employees and their contributions; therefore, the University strives to provide an injured or disabled employee the opportunity to return to work as soon as his/her condition permits. Transitional work allows an employee with temporary work restrictions to work in a modified, alternative, or reduced-hours capacity on a temporary basis, while recuperating from an illness or injury.

Your treating physician has released you for transitional work and your department can accommodate your work restrictions. Depending on the nature of your work restrictions, your transitional work may or may not be that different from your regular job.

Your supervisor will discuss the details of your transitional work plan with you. These details will be documented in a Return-to-Work Agreement so that your supervisor and you will both have a clear