

POSTSCRIPTS

News of the CSU East Bay Hayward Emeritus and Retired Faculty Association
Fall 2009

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President's Message:

Welcome to autumn--the educator's New Year. Unfortunately, doom and gloom messages abound. I have heard that the CSU campuses are brimming with bad news—forced furloughs, large classes, reduction in the number of classes, dire predictions about future numbers of students denied enrollment. While we retirees are not directly affected, we still are concerned about the future of higher education in California. And, if one goes to the East Bay campuses, one will find almost all administrators and faculty are unfamiliar. Even the physical campus is different.

Below, you will find information about the luncheon to be held at Dino's (at least that is familiar.) Our speaker will be Bong Walsh, Ph D. in Cognitive Neuroscience from U. C. Davis. I have been interested in memory and cognitive functioning since I retired (and once I started forgetting) and am participating in studies at U. C. San Francisco. I met Bong recently and was impressed by his knowledge of current research and his pursuit of strategies we can use to strengthen our functioning. He is an interesting and knowledgeable young man and I think will provide some useful ideas for us. I do not think, however, that he will be as humorous as David Sprung who did such a wonderful job for us at the spring luncheon. Thank you, David.

The \$25,000 endowment for the library is due by the end of 2009. Linda Dobb, the Head Librarian will attend the luncheon and will update us about library improvements.

--Bea Pressley, President

Spring Luncheon

Guest Speaker: Bong Walsh, Ph D., is a Cognitive Neuroscience Instructor and Postdoctoral Fellow at the Center for Mind and Brain, UC Davis. He will speak on "Brain Fitness: Maintaining Our Magnificent Minds" His recent papers include discuss frontoparietal attentional control systems and neural mechanisms for processing and encoding novel events, and he translates these new scientific insights into understandable description and practical tips about how to maintain our intellects. Our understanding of the neural basis for higher level brain function has exploded in recent years, and Prof. Walsh is one of the most capable exponents of the new knowledge.

Date: Thursday, November 5, 2009

Time: Gather starting at 11:30, social hour of 45 minutes, sit down 12:15

Place: Dino's at 3600 Castro Valley Blvd., Castro Valley.

All lunches are still \$20, in cash or by check, paid when you arrive at Dino's. Checks are payable to Helen Sowers, our treasurer.

Lunches include food, gratuity, tax, coffee, tea, tossed greens salad with Italian dressing, vegetable rolls, and wine.

Menu

- Veggie Pasta Primavera [Our spelling, but "veggie" is officially preferred, which some of us think is *wrong*.]
- Veal Scallopini with pasta
- Shrimp Louie
- Broiled Salmon in Lemon Butter Sauce ~~with~~ rice.

PLEASE MAKE RESERVATIONS AND MENU SELECTIONS by October 31 with

- Jack Kilgour: 510-582-8760, injkilgour@att.net or [john.kilgour@csuea\\$bay.edu](mailto:john.kilgour@csuea$bay.edu) or
- Bill Reuter: 510-6538881, WRreuter493@aol.com

Emeriti Academic Senator's Message

October 6 marked the first meeting of the CSUEB Academic Senate. There was nothing of great import covered at this meeting. A report given by John Charles indicated the beginning of a pilot program to reduce 240 computer stations across campus and replacement them with a Virtual Computer Lab. This would allow for a saving to the University of approximately \$250,000. Of concern was the indication that students using this type of lab would have to provide their own computer, thus the concern of the added expense to students.

--Cal Caplan

Savethe date: Nichols Reads Nichols

Biella Room, 12:45pm, November 21, the Saturday before Thanksgiving

Jim and Betty Nichols's daughter, Martha, is flying out here from Boston to read her dad's poetry from *October Notes*. I will MC and read the poem about Martha, "DNA Keep Away," and "Runaway Carousel" ("Became asl amin the mudflats of Life..")

I shared an office with Jim for many years. He is one of the finest people I know. He spent many hours patiently advising students on what courses to take and teaching political science. He was always fun to talk with, which didn't always help me get my work done. He is in severely declining health, mainly due to Parkinson's disease, and his wife Betty, an artist, is suffering from advanced scoliosis and is largely confined to a wheelchair. Yet their spirits are amazingly positive. A few weeks ago Jim sent his friends a little book of wonderful poetry—imaginative, contradictory, many moods and images, irony and complaints, and good humor: *October Notes*.

I've made some copies which are now on sale at the Book Shop in downtown Hayward (I'm a new part owner) at 1107 B St near Main St in "downtown" Hayward. Hours: m-f 10-6; sat 9-5. I would like to honor Jim and Betty and raise funds for the Fox Foundation:

If you do go in, please sign the frame around the picture of Jim and Betty and buy the book. I have contributed the cost of copying the book, so your whole purchase will go the Fox Foundation (check for \$15 or more, payable to Michael J. Fox Foundation, or give cash). Tax deductible. We will collect checks and cash until October 19 and then send to the foundation.

--Sherman Lewis

MJFF Mission: MJFF seeks a cure for Parkinson's disease through an aggressively funded research agenda and the development of improved therapies for those living with Parkinson's today. MJFF's single-minded focus on speeding the next generation of therapeutic breakthroughs.... We manage the largest PD portfolio in the world, prioritize key studies, insist that researchers share results early, and foster critical collaborations. The website <http://www.michaelfox.org/> has detailed news, research data, and help on how to live with Parkinson's.

Lawsuit Pending on Hayward Camps Master Plan

The Hayward Area Planning Association, the City of Hayward, and the Old Highlands Homeowners Association are about to file suit to make CSUEB Hayward comply with the California Environmental Quality Act. CEQA requires study of alternatives and mitigation of

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study of sex-related stereotypes and personal characteristics sponsored by UNESCO. In 1992, Babladelis was recognized as one of the "100 Outstanding Women in Psychology" during the American Psychological Association's centennial celebration. She established the Georgia Babladelis Scholarship Fund for Re-entry Students, to encourage and support older students. She said "I've seen how these students, in particular, can have a more difficult time succeeding in the classroom. They're already holding down full-time jobs while supporting their families. I've had first-hand contact with so many of these students, and I've come to admire the challenge they take on." <http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2009/07/03/BAL11816JD.DTL>

Carol Inberg died May 3, 2009 at 87. She was on"