

**Recreation and Wellness Services**

**2580 Carlos E. D. Jyrd. C94542**

**510.885.4749 -510.885.7098 fax**

**ysueastbay.edu krayra@enterBueastbay.edu**

### 3. The Game

- 3.1 (DFK KDOI ZLOO EH PLQXWHV LQ OHQJWK ZLWK D FRQW RQ GHDG EDOOV ZLWKLQ WKH ODVW WZR PLQXWHV RI WK PLQXWHV 7KH FORFN ZLOO EH VWRSSHG DW WKH UHIHUHH WLPH ZLOO EH DGGHG DW WKH HQG RI WKH JDPH DQG WKH
- 3.2 7LPH RXWV ZLOO QRW EH DOORZHG
- 3.3 \$ FRLQ WRVV ZLOO GHWHUPLQH SRVVHVVLQR DW WKH VW ZKHWKHU WKH\ ZDQW NLFNR II RU FKRLFH RI VLGH WR GHIH GLG QRW NLFNR II ZLOO WKHQ GR VR
- 3.4 7KH UHIHUHH ZLOO ZKLVWOH WKH EDOO LQWR SOD\ 7KH (DFK WHDP PXVW EH RQ LWV RZQ KDOI DQG WKH GHIHQVLY LV NLFNHG 7KH SOD\HU ZKR LQLWLDOO\ NLFNHG WKH EDOO WRXFKHG LW GRXEOR WRXFK UHVXOWV LQ LQGLUHFV NLFN LI EDFNZDUG UH NLFN
- 3.5 \$OO NLFNR IIV DUH ',5(&7
- 3.6 \$ JRDO PD\ EH VFRUHG GXULQJ SOD\ GLUHFWO\ IURP D G NLFN RU GURS EDOO \$ JRDO PD\ QRW EH VFRUHG GLUHFW JRDO WKH EDOO PXVW FRPSOHWHO\ FURVV WKH JRDO OLQH ILHOG IRU DQRWKHU NLFNR II 7KH WHDP WKDW ZDV VFRUHG
- 3.7 7HDPV ZLOO FKDQJH HQGV DW KDOI WLPH 7KH WHDP WKD VHFRRG KDOI
- 3.8 7KH EDOO LV RXW RI SOD\ ZKHQ LW FRPSOHWHO\ FURVVH KLV KHU ZKLVWOH WR VLJQLI\ ZKHQ WKH EDOO LV RXW RI S
- 3.9 7KH UHIHUHH EORZLQJ KLV KHU ZKLVWOH ZDUUDQWV D GI
- 3.10 7R UHVW DUW SOD\ WKH IROORZLQJ PHWKRGV DUH XVHG
  - 3.10.1 7KURZ LQ :KHQ WKH EDOO FURVVHV WKH WRXFK OL UHIHUHHV GHHPHG GLG QRW WRXFK WKH EDOO ODVW
  - 3.10.2 \*RDO NLFN :KHQ WKH EDOO FURVVHV WKH JRDO OL WKH RIIHQVH
  - 3.10.3 &RUQHU NLFN :KHQ WKH EDOO FURVVHV WKH JRDO
  - 3.10.4 'LUHFV ,QGLUHFV )UHH .LFN :KHQ DQ RQ ILHOG LQ
  - 3.10.5 'URS %DOO 6HH UXOH
- 3.11 %DOO LQ SOD\ 7KH EDOO LV VWLOO LQ SOD\ LI LW VWD\ FRUQHU IODJV DQG UHPDLQV LQ WKH ILHOG RI SOD\

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~~csueastbay.edu~~rayra~~enter~~Bsueastbay.edu

3.14 'XULQJ WKH UHJXODU VHDVRQ WLH JDPHV ZLOO VWDQG  
EURNHQ XVLQJ WKH IROORZLQJ UXOHV 7ZR PLQXWH FRQ  
SOD\HG 7KH ILUVW WHDP WR VFRUH LV WKH ZLQQHU ,I WK





**Notly, a player may not use trickery to play the ball to his/her keeper. to allothe keeper to play the ball jth his/her hands.**

3HQDOW\ ,QGLUHFV )UHH .LFN IURP VSRW RI L

5.9.1 \$ SOD\HU RU FRDFK VKDOO EH FDXWLRQHG IRU 3HU  
RU DFWLQJ LQ DQ XQVSRUWVPDQOLNH PDQQHU DQG RU  
GHFLVLRQV JLYHQ E\ DQ RIILFLDO

5.9.2 \$ SOD\HU RU FRDFK ZLOO EH GLVFXDOLILHG IRU 3HU  
H[KLELWLQJ YLROHQW FRQGXFV RU XVLQJ YLROHQW RU

5.9.3 <HOORZ &DUGV DQ\ SOD\HU ZDUUDQWLQJ D \HOORZ  
DEXVH HWF ZLOO EH UHTXLUHG WR OHDYH WKH ILHOC  
WKH JRDONHSHU LV WKH UHFLSLHQW RI WKH \HOORZ F  
JRDONHSHU FKDQJH

5.9.4 \$ SOD\HU ZLOO EH HMHFVHG LI KH VKH UHFHLYHV D  
SOD\ RU YLROHQW FRQGXFV VSLWV DW DQ RSSRQHGW  
WR GHVHUYH WKH HMHFVLRQ DW WKH RIILFLDO V MXGJ

5.9.5 7ZR HMHFVHG SOD\HUV RQ WKH VDPH WHDP ZLOO U

**6. Free Kicks**

6.1 )UHH NLFNV VKDOO EH FODVVLILHG DV <sup>3</sup>GLUHFV ' IURP ZK  
D JRDO FDQQRW EH VFRUHG XQOHVV WKH EDOO LV SOD\HG  
HQWHULQJ WKH JRDO

6.2 \$OO IUHH NLFNV PD\ EH WDNHQ LQ DQ\ GLUHFVLRQ DQG E

6.3 'LUHFV .LFN 2IIHQVHV

6.3.1 .LFNLQJ RU DWWHPSWLQJ WR NLFN DQ RSSRQHGW

6.3.2 7ULSSLQJ RU DWWHPSWLQJ WR WULS DQ RSSRQHGW

6.3.3 -XPSLQJ DW DQ RSSRQHGW

6.3.4 &KDUJLQJ DQ RSSRQHGW

6.3.5 6WULNLQJ RU DWWHPSWLQJ WR VWULNH DQ RSSRQHGW

6.3.6 3XVKLQJ DQ RSSRQHGW

6.3.7 7DFNOLQJ DQ RSSRQHGW WR JDLQ SRVVHVLRQ RI W  
EHIRUH WRXFKLQJ WKH EDOO

6.3.8 +ROGLQJ DQ RSSRQHGW

6.3.9 6SLWWLQJ DW DQ RSSRQHGW

6.3.10 +DQGOLQJ WKH EDOO GHOLEHUDWHO\ H[FHSW IRU V

6.3.11 6OLGLQJ LQ D PDQQHU WKDW WKH RIILFLDO GHHPV

6.4 ,QGLUHFV .LFN 2IIHQVHV

6.4.1 <sup>3</sup>'RXEOH 7RXFK' RQ DQ\ UHVWDUW

6.4.2 2EVWUXFVLRQ

6.4.3 'DQJHURXV SOD\

6.4.4 \*RDONHSHU UHOHDVH UXOHV

6.4.5 \$Q\ ZKLVWOH E\ WKH UHIHUHH WR DGGUHVV DQ RGG

6.5 'XULQJ D IUHH NLFN UHVWDUW RSSRVLQJ SOD\HUV PXVW  
ZLWK H[FHSWLRQ RI DQ\ SOD\HU VWDQGLQJ RQ WKHLU RZQ



area. defenders must also be out of the penalty area until the ball clears the penalty area. The ball must be stationary prior to the kick. The ball is in play when it is kicked and moved. After the kick, the ball may not be played by any player except the kicker. A kick in a team's own penalty area must leave the penalty area before another player may play the ball.

6.6 3HQDOW\ .LFN :KHQ 7DNHQ

\$ SHQDOW\ NLFN LV DZDUGHG IRU DQ\ GLUHFV NLFN RIIHQV  
GHIHQVH \$ JRDO PD\ EH VFRUHG GLUHFWO\ IURP D SHQDOW

6.7 3HQDOW\ .LFN +RZ 7DNHQ

7KH SHQDOW\ NLFN LV WDNHQ IURP WKH SHQDOW\ PDUN ZK  
:KHQ LW LV EHLQJ WDNHQ DOO SOD\HUV H[FHSW IRU WKH  
WKH ILHOG RI SOD\ EXW RXWVLGH WKH SHQDOW\ DUHD DQG  
RSSRVLQJ JRDONHHSHU PXVW VWDQG RQ KLV KHU RZQ JRDO  
NLFN PXVW NLFN WKH EDOO IRUZDUG LQ RUGHU IRU LW WR  
NLFN PXVW EH UHWDNHQ ,I WKH EDOO KLWV WKH JRDOSRV  
SOD\ WKH EDOO XQWLO LW KDV EHHQ WRXFKHG E\ DQRWKH  
NLFN XQOHVV WKH\ ZHUH LQMXUHGXULQJ WKH LQIUDFWLRQ

6.8 3HQDOW\ .LFN ,QIULQJHPHQWV

6.8.1 2Q D SHQDOW\ NLFN IRU DQ\ LQIULQJHPHQW E\ WKH  
D JRDO KDV QRW UHVXOWHG

6.8.2 2Q D SHQDOW\ NLFN IRU DQ\ LQIULQJHPHQW E\ WKH  
NLFN VKDOO EH UHWDNHQ LI D JRDO KDV UHVXOWHG

6.8.3 2Q D SHQDOW\ NLFN IRU DQ\ LQIULQJHPHQW E\ WKH  
VFRUHG DQG D SOD\HU RI WKH RSSRVLWH WHDP VKDOO  
LQIUDFWLRQ

6.9 (QG RI WLPH YDULDWLRQV

7KH EDOO LV GHDG DW WKH PRPHQW WKH ZKLVWOH VRXQG  
ZDV LQ WKH DLU ZKHQ WKH ZKLVWOH ZDV EORZQ WKH EDOO  
PD\ EH FDUULHG RYHU RQO\ IRU D SHQDOW\ NLFN ,I WKH E  
EHIRUH SDVVLQJ EHWZHHQ WKH SRVWV RU DIWHU WKH H[SL  
,I D SHQDOW\ NLFN LV WDNHQ DIWHU WKH H[SLUDWLRQ RI V

6.10 7KURZ LQ +RZ 7DNHQ

7KH WKURZHU DW WKH PRPHQW RI GHOLYHULQJ WKH EDOO  
WKH WRXFK OLQH DQG ERWK IHHW RQ WKH JURXQG 7KH WK  
EDOO IURP EHKLQG DQG RYHU KLV KHU KHDG 7KH EDOO VK  
PD\ QRW EH VFRUHG E\ WKH WKURZ LQ ,I WKH EDOO LV LPS  
VKDOO WDNH WKH WKURZ LQ 7KH WKURZHU FDQ SHQDOW\ V  
7KURZ LQ IURP SRLQW RI LQIUDFWLRQ

7. Shootouts

7.1 )LYH SOD\HUV RQ WKH ILHOG IURP HDFK WHDP ZLOO EH V

7.2 7KH JRDOHV PXVW EH WKH VDPH DV ZKHQ WKH JDPH HQG  
XVH WKH VDPH GHVLJQDWHG JRDOHV IRU WKH HQWLUH VKR

7.3 \$ FRLQ WRVV ZLOO GHFLGH ZKLFK WHDP VKRRWV ILUVW  
ILUVW RU VHFRQG

7.4 (DFK WHDP KDV ILYH SHQDOW\ NLFNV DQG ZLOO DOWHUQ

7.5 ,I WKH VFRUH LV WLHG DW WKH HQG RI WKH ILYH VKRWV  
WHDP PDNHV LW DQG WKH RWKHU GRHV QRW 1R SOD\HU PD  
KLV KHU WHDP IRU WKH VKRRWRXW KDV DWWHPSWHG RQH

7.6 7KH @LWJHU PXVW ZDLW IRU WKH RIILFLDO WR VWDUW WK  
VKRRW

8. Slide Tackles

8.1 6OLGH WDFNOHV DUH LOOHJDO LQ LQWUDPXUDO RXWGRR

8.2 6OLGH WDFNOHV DUH OHIW XS WR WKH RIILFLDO V GLVFU  
\HOORZ FDUG UHG FDUG IUHH NLFN RU QR FDOO ([DPSOH  
SOD\ IRU WKH EDOO LW FRXOG EH FRQVLGHUHG D QR FDOO  
GLVFUHWLRQ LW ZLOO EH FRQVLGHUHG D VOLGH WDFNOH  
UHG FDUG ZLOO UHVXOW LQ DQ HMFHWRQ DQG D RQH L

8.3 7KH JRDOLH FDQ VOLGH ZLWK EHQW NQHVV FKHVW ILUVV  
DSSO\

8.3.1 +H 6KH LV LQ WKH SHQDOW\ ER[ \$Q\ JRDOLH OHDYL  
LV OLññ DhPQJ